The dying role

There is a perspective of your life – a perspective the “All's Well That Ends Well” plan can provide you – which will enable you to view the values trajectory of your whole life, completely at one time.

It's a perspective that is rarely perceived, but once obtained, allows you to put normally difficult decisions and concerns into useful, whole-life focus so you can resolve them.

“People want to share memories, pass on wisdoms and keep-sakes, settle relationships, establish their legacies, make peace with God, and ensure that those who are left behind will be okay. They want to end their stories on their own terms. This role is, observers argue, among life's most important, for both the dying and those left behind.”

Being Mortal, page 249
Atul Gawande

Take charge of your end-of-life decisions, get those “things” done, help your family: contact Oregon Memorial Association, ask to be included in the next All’s Well That Ends Well life completion program.

e-mail: fcaoregon@gmail.com
phone: 1-888-475-5520

or write:
Funeral Consumers Educational Foundation
PO Box 13306
Portland, Oregon 97213
All’s Well
That Ends Well:
A Life-Affirming Experience

- Puts you in charge of what happens toward the end of life as well as after you die.
- Removes anxiety over “things left undone”.
- Helps bring peace to your family by letting family members and others know your wishes and by involving them in your decision-making.

What does the program focus on?

- Gathering your “tribe”—the people you choose to help plan and carry out your decisions.
- Creating a list to help your heirs locate your key documents after you die.
- Making informed choices about medical procedures, organ donation, and body disposition.
- Exploring possibilities for celebrations and notifications that will bring your survivors greater appreciation of the meaning of their relationship with you.
- Providing an opportunity to hand down wisdom and life experiences to descendants through a videotaped legacy interview.

What does it consist of?

Part I: The Introduction

Describes the “who” “what” and “why” of this life-completion program in 20 minutes

Part II: The Workshop

Provides a detailed handout, key forms, and in-person guidance to help participants with the process. 60 minutes

What does it cost participants?

Nothing. OMA makes “All’s Well That Ends Well” available free to living centers, senior centers, libraries, retirement centers, religious organizations, and other venues. The general public is always welcome to attend.

You can support this program by undergoing volunteer training to help take it to more venues or by making a tax-deductible contribution to expand this all-volunteer program at:

www.fca-oregon.org
Call 1-503-647-5590 or 1-888-475-5520

If more help is needed, Oregon Memorial Association’s sister organization, the Funeral Consumers Education Foundation, will provide mini-workshops on such topics as body and organ donation, legacy, celebrations, notifications, planning for finance/estate review, etc.